



Notices about outages are placed in community bulletins, on Facebook and Twitter, on marqueees, in emails and this newspaper. Email U.S. Army Garrison-Hawaii Public Affairs (editor@hawaiiarmyweekly.com) about other resources you use.

DIRECTORATE OF PUBLIC WORKS
U.S. Army Garrison-Hawaii

Two outages were scheduled on Oct. 15: one at Schofield Barracks and the other at Wheeler Army Airfield.

Both outages exceeded the prescribed ending time; however, one outage lasted almost 18 hours beyond.

Outages

The Directorate of Public Works is sorry for the many and long power outages we have been experiencing recently. With the age of our electrical system, DPW is trying to perform some preventative repairs before the system fails and causes an unscheduled outage that could be twice as long.

DPW tries to predict as best as it can how long an outage is needed, but sometimes, the unexpected happens and DPW can't restore power at the predicted time.

An analogy of this is if someone were to get a planned four-hour open-heart surgery. Once the surgeons are well into the operation, they need to complete the



Courtesy photo

The copper-looking device toward the center of this picture is a new switch for the Menoher substation, which will allow two sources of power for more reliability in west Schofield Barracks areas.

job – even if the four hours have passed. They can't just stitch the person back up and expect him or her to be fine. They need to finish the job to its entirety.

It's the same way for our electrical system. If we don't finish the job, you might have another unscheduled outage very shortly.

DPW is working on ways to improve communication to residents and workers during any outage.

Wili-Wili residents

The reason you have been experiencing multiple outages this year is so that the 25th Combat Aviation Brigade (CAB) project can tie into our electrical system.

Normally, when a community is constructed, it has two sources of power. This, however, is not the case for the Wili-Wili neighborhood.

DPW is working on a plan to provide Wili-Wili neighborhood with a duplicate source of power that will reduce the amount of outages you have.

There are still more outages that need to be scheduled to complete the CAB project. DPW is trying to hold off on any scheduled outages until after the holiday season. We will also try to combine outages together – whenever possible – to reduce the number of outages needed.

We will also plan outages that affect your neighborhood to take place during

the workweek, as suggested by some of you, when the outage is only in housing areas and don't impact organizations and offices.

Thank you for your patience and understanding during this construction phase for the CAB project.

Schofield Barracks residents

The reason you have been experiencing multiple outages this year is because our electrical system is old and aging and needs a lot of work.

Again, we're trying to get all of this done to prevent an unscheduled outage that could last double the time of a scheduled outage.

These scheduled projects will help ensure that we have less unscheduled outages in the future.

There is one more outage scheduled for Oct. 29, and we are re-evaluating the time it takes to restore everyone's power and may request an outage that is longer than eight hours for some neighborhoods.

USARPAC CG says military needs to embrace multi-domain

Actions completed in Hawaii, Pacific Region

STAFF SGT. CHRIS MCCULLOUGH
U.S. Army-Pacific Public Affairs

FORT SHAFTER — The Army needs to embrace the multiple-domain concept or risk the possibility that it will not be able to continue to pose a threat to those who would seek to do the U.S. harm, said Gen. Robert B. Brown, commander, U.S. Army-Pacific, at a leadership conference held, here, Oct. 14.

Senior leadership from across the U.S. Pacific Command area of responsibility gathered to discuss the need to move from straightforward two-domain Air-Land Battle and Air-Sea Battle joint concepts to multi-domain battle.

Commanding generals from both the U.S. Marine Corps Forces-Pacific and U.S. Pacific Air Forces were in attendance.

Multi-domain battle is a combat methodology between the service components that has been in the works for some time. The Army first embraced it as an operating concept back in 2014 when Army Training & Doctrine Chief, Gen. David Perkins, first spoke of it. Since then the Army has worked to shift operations to shared domains, to include cross-component, joint force, multinational operations and multi-agency.

According to the Army Capabilities Integration Center, multi-domain battle



Photo by Spc. Nikkoangelo Matos

Lt. Gen. David H. Berger (left), commander, MARFORPAC, and Gen. Robert B. Brown, commander, USARPAC, listen intently during the conference.

is about using capabilities in more innovative ways to overcome new challenges. Put another way, it allows U.S. forces to outmaneuver adversaries physically and cognitively, applying combined arms in and across all domains, to include ground, air, sea, cyber and space.

Adm. Harry Harris, commander, USPACOM, stated at the Association of the United States Army's annual meeting, earlier this month, that world events are underscoring the urgency to develop this cross-domain capability. He said, of the five most significant global challenges to U.S. security – North Korea, China, Russia, the Islamic State or ISIS, and

Iran – four of them are resident in the PACOM area of responsibility.

"A true land-based cross-domain capability offers us an integrated joint force capable of deterring rising powers by denying them the domains in which they seek to operate," Harris said.

Brown reminded those in attendance that our joint forces must be able to present multiple dilemmas to our enemies lest those who would do our nation harm adapt and challenge U.S. competitive advantages.

Lt. Gen. David H. Berger, commanding general, MARFORPAC, agreed. He added that because the Marines are already a multi-domain force, they would be able to integrate easily with the other forces in the multi-domain battle.

"Because we are an amphibious force, we work in all the domains (already), so it's a natural fit," said Berger.

In multi-domain battle, Army and Marine forces would work together using cross-domain capabilities to deter adversary aggression – not just in the domains of air and land, but also in the domains of sea, space and cyberspace,

See p. A-5 for more on multi-domain.

supporting the Navy and Air Force.

Such a team would utilize Soldiers and Marines with cyberspace skills to help neutralize satellites, hack or jam the enemy's ability to command and control its forces. Other forces would also be capable of firing ground-to-ground missiles to target enemy ships and shoot down missiles that would otherwise threaten U.S. forces.

Perkins said, at the AUSA conference, that it's still too soon to know when the multi-domain concept would be complete, adding that the air-land concept it seeks to replace took eight years to implement after its introduction in 1973.

However long it takes, the importance of multi-domain battle cannot be overstated.

Brown reminded the attendees that while the multi-domain concept involves some very complex stuff, they were capable of doing it because of their people, their command philosophy and their service interoperability.

"I think a key is that we need to be able to present multiple dilemmas to our enemies (by) investing in the right training, education and leadership development. That gives us a real advantage," said Brown.

USACE-Honolulu District awards \$220.4 million in FY16 contracts

HONOLULU DISTRICT PUBLIC AFFAIRS
U.S. Army Corps of Engineers

FORT SHAFTER — The U.S. Army Corps of Engineers-Honolulu District recently completed a very successful Fiscal Year 2016 during which 520 contract actions were awarded totaling \$220,443,332, including \$127.2 million for small business.

Honolulu District contract actions signify the Corps' commitment to provide high-quality facilities to the armed forces of the United States, and to protect and improve the lives of the people of Hawaii and the region.

The benefit to our Soldiers and families is immeasurable.

Honolulu District is committed to building projects that improve the quality of life for service members and

their families, as well as providing jobs that stimulate the local economy.

Significant awards follow:

- \$54.8 million for the Echo Pier Restoration, U.S. Army Kwajalein Atoll,
- \$26 million for a Schofield Barracks health clinic parking structure,
- \$24.1 million to repair Bldg. 155 in Quad B, Schofield Barracks,
- \$22.4 million to repair Building 449, Quad D, Schofield Barracks,
- \$16 million for the Pohakuloa Training Area Sewer repair,
- \$6 million for repair of Bldg. 556, Schofield Barracks, and
- \$3.99 million for the American Battle Monuments Commission Courts of the Missing Stone Replacement (Phase 1), National Memorial Cemetery of the Pacific at Punchbowl.



Photo by Joseph Bonfiglio

The U.S. Army Pacific Mission Command Facility project, which the Corps is building for USARPAC, will consolidate USARPAC Headquarters.



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Culinary candidates try out for 2017

Story and photo by
STAFF SGT. TARESHA HILL
8th Military Police Brigade
Public Affairs
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Military culinary candidates from across Oahu participated in tryouts for the 2017 Joint Culinary Arts Team-Hawaii, here, Oct. 5-6.

Each year, members of the Joint Culinary Arts Team-Hawaii spend countless hours prepping and refining their skills to compete in the largest military culinary competition in the U.S. — the Military Culinary Arts Competitive Training Event, or MCACTE, at Fort Lee, Va. — which last year’s Joint Culinary Arts Team-Hawaii won.

After winning the MCACTE last year, the team then moved on to compete against the top four culinary institutes in the na-



Members of Joint Culinary Arts Team-Hawaii pose for a remembrance photo. They are spending countless hours prepping and refining their skills to compete in the largest military culinary competition in the U.S. — at Fort Lee, Va.

tion, a competition that no military team has ever won.

Even though the team did not win, they did win the highest

medal yet, the silver.

While competing is this team’s mission, it is not all these culinary specialists will do. In addi-

tion to competing, Sgt. 1st Class Jose Alves, Advanced Culinary Arts Training noncommissioned officer in charge, 516th Signal Brigade, 311th Signal Command (Theater), said the students will learn to increase their skill level. It will prepare them for civilian certifications with the American Culinary Federation, which is an international-level accreditation.

“These are the skills they will need to work for commanding generals as enlisted aides,” said Alves. “As an enlisted aide, they are responsible for all the entertainment that goes on at the general’s quarters.”

So, while the team competes, these culinary specialists will also learn to become culinary professionals.

The next MCACTE is scheduled to take place Feb. 28-March 13, 2017, at Fort Lee, Va.

Army begins testing on new light tactical vehicles

GARY SHEFTICK
Army News Service

WASHINGTON — The first seven joint light tactical vehicles (JLTVs) were turned over to the Army and Marine Corps in September by Oshkosh Defense for testing at different sites around the force.

A total of about 100 of the JLTV “production vehicles” will be provided to the Army and Marine Corps for testing over the next year, at a rate of about 10 per month, officials said. The vehicles will undergo maneuverability and automotive testing at Yuma Proving Ground, Ariz.

The JLTV is a tactical wheeled vehicle with a chassis that offers protection from underbelly blasts and an “intelligent” suspension system that can be raised and lowered for off-road conditions. It also touts greater fuel efficiency than current tactical vehicles.

In addition to testing at Yuma, the vehicles will undergo testing for cyber integration of command, control, communications and intelligence at the Electronics Proving Ground on Fort Huachuca, Ariz. The vehicles will also be tested for automotive performance at Aberdeen Proving Ground, Md., and the Cold Regions Test Center on Fort Greely, Alaska.

“It’s on schedule,” said Scott Davis, program executive officer for combat support and combat service support, about the JLTV



An Oshkosh Defense prototype of the JLTV negotiates an off-road demonstration course at Quantico, Va., in June 2013. The Oshkosh version beat out JLTV prototypes there.

program. “It’s doing everything we ever expected it to. It’s just incredible.”

The JLTV has four different variants: a general-purpose truck, a close-combat weapons carrier, a heavy guns carrier and a two-door utility pickup version. The group of trucks delivered last week included all but one of the variant types, the close-combat weapons carrier. That variant should be included in the next delivery in a few weeks, according to an Oshkosh spokesman.

Col. Shane Fullmer, project manager for the JLTV program,

said the decision on the caliber of the weapons to be fielded on the variants will be made over the next few months.

Once full production begins on the JLTV program in 2019, Army acquisition officials expect to shave five years off the original fielding schedule. The schedule reduction is expected to save \$6 billion from previous estimates, Davis said.

“Based on our original budget-planning figures for the vehicle, if it now comes in at a lower price, we’ll be able to buy more each year, which shrinks the total length of the contract,” Davis

said. “Of course, as you shorten things up, you accrue cost avoidances.”

Originally, plans for the program called for fielding all 54,599 vehicles for the Army and Marine Corps by the early 2040s. However, as a result of the unit cost savings, the Army should be able to buy more trucks faster. The Army may acquire the full complement by as early as the mid-2030s, officials said.

Katrina McFarland, assistant secretary of the Army for Acquisition, Logistics and Technology, called the JLTV “a marvelous construct.”

Details on new combat tourniquet are released

Story and photo by
ELLEN CROWN
Army News Service

FORT DETRICK, Md. — Makers of the Combat Application Tourniquet have updated the design of the widely used tourniquet.

The update has resulted in two different versions of the tourniquet currently in use in the field, though both have the same national stock number (NSN 6515-01-521-7976).

Deployed Soldiers may soon receive the updated version and wonder how to use it.

“When you need to actually use a tourniquet is the wrong time to figure out which version you have and how to use it,” advised Jason Harrington, Army Medical Materiel Agency’s nurse consultant with the Medical Devices Program Management Office

“Soldiers need to look at their



This photo shows the CAT Generation 7 on a Soldier’s leg.

tourniquets and become familiar with the version they have been issued by carefully reading the printed instructions that come with each CAT.”

The older version of the tourniquet, “Generation 6,” which was developed through research at the Army Medical Research and Materiel Command, is a small, lightweight tourniquet designed to completely stop ar-

terial blood flow from an injured limb.

Exsanguination (i.e., bleeding to death) is the most common cause of potentially survivable death for wounded warfighters, so every Soldier carries a CAT on the battlefield to provide lifesaving care to themselves or a fellow Soldier.

The update version of the CAT, “Generation 7,” features a single-routing buckle through which Soldiers feed the tourniquet belt before tightening it with the windlass (a textured black rod).

The “Generation 6” CAT model has two slots on the buckle and could be used to either double-route (buddy care) or single-route (self-care) the belt.

While the updated CAT single-slot buckle is designed for faster and easier application, the Army emphasizes that both models are effective.

“Soldiers who have an older

version should not feel they have to replace their device by getting the newer version or fear that the older version is any less effective,” Harrington said.

Both have been tested by the Army Medical Research Materiel Command’s Institute of Surgical Research and the Navy. Additionally, Army medics are now trained on both versions.

Harrington recommends keeping the instructions for reference and refresher training.

In appearance, the two generations differ in the color of the fastener strap. The fastener strap on the new model is gray, compared to a white strap on the older model.

Additionally, the new model’s lot number and “G7” are visible on the device and through the manufacturer’s packaging.

(Editor’s note: Crown works with Army Medical Materiel Agency Public Affairs.)

Voices of Ohana

Since October is National Pizza Month, we wondered,
“What’s your favorite pizza topping?”
by Capt. Kenneth M. Keith, commander, HHC, 516th Signal Brigade



“I don’t eat pizza anymore, on doctor’s orders, but it was pineapple.”

Sgt. Alyssa Lefever
Bde. S-1 NCO
516th Sig. Bde.



“I’m from New York, so I’m done with pizza, but it used to be Hawaiian.”

Staff Sgt. Marion Solorzano
Bde. cybersecurity NCO
516th Sig. Bde.



“I’d have to say bacon pizza is my favorite.”

Sgt. Tyrone Stewart
Bde. IMO NCO
516th Sig. Bde.



“Meat lovers with Tapatio hot sauce.”

Sgt. 1st Class Reynaldo Torres
Network NCOIC
RCC-P



“My favorite topping would have to be sausage.”

Staff Sgt. Arnold Wilson III
Information assurance manager
RCC-P

Leaders guide military job seekers at summit

‘Now Hiring’ series looks at transitioning

CHRISTINE CABALO
Staff Writer

SCHOFIELD BARRACKS — Civilian business leaders and senior military personnel rallied to solve the challenge of helping the military community find jobs during the Hawaii Transition Summit, Tuesday.

The two-day summit was organized by the Schofield Barracks Transition Assistance Program (TAP) and Hiring Our Heroes, an affiliate of the U.S. Chamber of Commerce.

The senior leaders spent the first day learning and discussing how to ensure their Soldiers make successful transitions to the civilian workforce.

The summit’s first keynote speaker was U.S. Rep. Tulsi Gabbard.

“This kind of summit sends a strong message that when Soldiers are ready to lay down the uniform, they are not kicked to curb,” she said. “We’ve all heard from Soldiers who have expressed that fear.”

Gabbard has transitioned from her previous combat deployments to serving as Hawaii’s representative and a military police officer with the Hawaii Army National Guard. She spoke to Army leaders about how those in transition have the skills civilian employers need, but still need assistance to ace job interviews or format a resume.

“Businesses are hiring veterans not because they are being do-gooders or helping charity, but they hire vets to help their bottom line,” she said.

Army personnel learned about available resources to join the civilian workforce, as well as offered feedback about what challenges they face in mentoring transition Soldiers.

Several civilian businesses, government and nonprofit organizations joined in the discussion during two panel discussions. Senior Army officials could ask questions directly from the panels of experts, who represented organizations



Photo by Christine Cabalo, Oahu Publications
Marnie Holder, director of “Hiring Our Heroes,” talks about the importance of networking for job seekers at the Hawaii Transition Summit, Tuesday.



Photo courtesy of Tulsi Gabbard
Congresswoman Tulsi Gabbard speaks to senior leaders about how to assist their Soldiers with transitioning out of the Army while still meeting the mission during the first day of the Hawaii Transition Summit, Tuesday.

Two-part series chronicles Hawaii Transition Summit at Schofield Barracks and Wheeler Army Airfield, Oct. 18-19. Part I features leaders attending, assisting job seekers.

including Microsoft, FASTPORT, the American Legion, Veteran Affairs, and Small Business Association Hawaii.

The summit was also an opportunity for military job seekers, senior Army leaders and civilian leaders to network. Civilian employers could see firsthand what transitioning Soldiers, military spouses and retirees could offer, said Mike Bormann, the manager at TAP, here.

“Sitting in a forum, nothing is holding the visiting employers back from talking about what they’re looking for in employees,” Bormann said. “During the summit, they can all talk and employers can give Soldiers and other military job seekers a chance to get hired.”

Several speakers discussed about how, on the extreme end, transitioning Soldiers may doubt about their value and lose their identity. The results could be

homelessness, as veterans and spouses struggle to reintegrate into civilian living.

It’s important for leaders to set Soldiers up for success, said Lt. Col. Derwin Brown with Soldier for Life West.

“We don’t expect you to be experts in transition, but we wanted you to be armed with knowing who the experts are in the field, so you can send Soldiers to them,” said Marnie Holder, the director for Hiring Our Heroes.

Representatives from civilian businesses spoke about what they offer to ease transitions, including internship programs and connecting veterans who are new hires with current employees who have a military background.

While senior leaders are following mandated laws that guarantee the rights of those in transition, several panelists addressed how it was also in a leader’s best interest to be both knowledgeable

and supportive.

“If you want as good a worker or even better people to supervise, you need to take care of the people you have now,” said Matt Brogdon, who attended the summit as a representative of Microsoft. “Those people transitioning might be your way to network down the road, and they might help you into a job when you transition.”

Although service members know within one to two years when they will be separating, several representatives at the summit expressed the need to prepare as much as possible before a transition.

“Senior leaders who are still serving are an important part of the transition process,” Bormann said. “They’re the ones supporting troops and giving them ample time to explore all options for their future employment, rather than them waiting for last minute.”

Transitioning Soldiers have many resources that provide help

LEANNE THOMAS
Army Public Health Center

SCHOFIELD BARRACKS — Advocates from various Army programs, here, recognize the importance of supporting our transitioning Soldiers during one of the biggest transitions of their lives – separating from the military.

“You have served our country, now it’s our turn to help you,” was the message from one career advocate to a recent veteran who continues to fully transition back to civilian life after separating from the Army two years ago.

Career advisers and job placement specialists from Army programs, such as the Soldier for Life-Transition Assistance Program (SFL-TAP), the Army Community Service (ACS) Employment Readiness Program, Civilian Personnel Advisory Center (CPAC) liaisons, as well as senior leaders, are working to mentor Soldiers transitioning out of the military by connecting them with installation resources and services backed by federal laws in place to support veterans as they transition back to civilian life.

The advocates are researching various methods to assist veterans and their families to integrate back into society, such as job placement with federal or non-federal employers, pursuing higher education degrees or entrepreneurship.

If you are a transitioning Soldier or recently transitioned veteran seeking direct employment with a federal agency, you may be eligible for job placement under Veterans Recruitment Appointment (VRA), which allows federal agencies an option to appoint eligible veterans – without competition. Veterans are eligible under VRA if they meet the following terms:

- s a disabled veteran; or
- A veteran who has served on active duty in the armed forces during a war, or in a campaign or expedition for which a campaign badge has been authorized; or
- A veteran who, while serving on active duty in the armed forces, participated in a U.S. military operation for which an Armed Forces Service Medal (AFSM) was awarded; or
- A recently separated veteran within the last three years.

Career advisers at Schofield Barracks recommend the following job placement tips to assist those seeking federal employment:

1) Attend the “10 Steps to a Federal Job” course offered by ACS Employment Readiness Program. This course is a licensed curriculum taught by Certified Federal Job Search Trainers, and it’s free of charge. It allows transitioning Soldiers and family members to gain a better

understanding of the federal government hiring process, learn successful federal job search tips and federal resume writing strategies. View the Family and Morale, Welfare and Recreation calendar at www.himwr.com to sign up for the course.

2) Following completion of attending the course, “10 Steps to a Federal Job,” use the Military to Federal Job Crosswalk website (at www.mil2fedjobs.com) to identify your top five occupational groups and series, or job titles. This resource is the only Military Occupational Specialty (MOS) to General Service (GS) cross-reference guide to match your MOS to GS interests online.

3) Use the Army’s Fully Automated System for Classification (FASCLASS) website (at https://acpol2.army.mil/fasclass/search_fs/search_fasclass_result.asp) as a tool to search for position descriptions.

4) Create your top five resumes based on your selected position descriptions recently identified. When an open position that you are qualified for becomes available at www.usajobs.gov, you can complete the application process easily by submitting a resume already prepared and tailored (with minor editing) to that job announcement. Your USAJOBS account allows you to store up to five resumes.

5) Obtain at least two letters of recommendation.

If you are a transitioning Soldier or a veteran searching for your next career move, just know there are resources available to help. You can meet with representatives from the ACS Employment Readiness Program or CPAC, face-to-face, if have questions by attending the Community Readiness Expo on Thursdays, anytime from 9 a.m. to 2 p.m. at the Nehelani Banquet and Conferencing Center (at 1249 Kolekole Ave., Schofield Barracks).

Be on the lookout for future articles with more tips focused to assist transitioning Soldiers and veterans in U.S. Army, Hawaii.

Points of Contact
Call the ACS Employment Readiness Program at 655-4227 or SFL-TAP at 655-1028.

More Online
For more information regarding special hiring authorities for veterans, visit the U.S. Office of Personnel Management at www.opm.gov and www.fedshirevets.gov.



U.S. Army photo

Twenty-one students across Hawaii graduated from the recent USARPAC Master Counter-IED Train the Trainer Course on Sept. 23.

25th ID trains to counter-IED threats in Pacific

25TH INFANTRY DIVISION
News Release

SCHOFIELD BARRACKS — The pivot to the Pacific continues to increase the deployment of Soldiers throughout the region where improvised explosive devices, or IEDs, remain a threat to both military and civilian personnel.

The U.S. Army-Pacific Asia Pacific Counter-IED Fusion Center (APCFC) Master C-IED Train the Trainer Course is a focal point of these interoperability efforts and is based on standards used to

certify U.S. and partner nation Soldiers. This interoperability allows Soldiers who have been trained in the course to adopt the same C-IED terminology and utilize the same systems. It helps develop leaders within U.S. forces and our partner nations who are capable of providing high-quality training on various C-IED subjects. This also enables building the capacities of U.S partner nations to train autonomously with a higher degree of effectiveness. The USARPAC APCFC’s Master C-IED

T3 Course recently graduated 21 Soldiers, here, on Sept. 23. With support from the 25th Infantry Division, USARPAC APCFC conducts the 15-day Master C-IED T3 Course quarterly in Hawaii. The purpose of this course is to provide units with leaders capable of training their formations on current C-IED equipment and C-IED tactics, techniques and procedures (TTPs), integrating IED aspects as part of the training environment. *(Editor’s note: See the rest of this story at www.hawaiiarmyweekly.com.)*

Registering for Training
Slots can be reserved now through your schools’ noncommissioned officer or training officer.
Call 25th ID Engineers at (808) 655-4313 or the APCFC Schofield Barracks Hawaii Counter IED training team at (808) 655-6002 for any inquiries about receiving this training.

25th Sustainment Brigade earns Supply Excellence Award

DEFENSE VIDEO IMAGERY
DISTRIBUTION SYSTEM
News Release

SCHOFIELD BARRACKS — Over the past months, Headquarters and Headquarters Company, 524th Combat Sustainment Support Battalion, 25th Sustainment Brigade, 25th Infantry Division, has competed in and won the Supply Excellence Awards Program (SEA) competition at the U.S. Army Pacific-level.

It has been selected to compete in the USARPAC Army Award for Maintenance Excellence (AAME) competition.

“It all comes down to pride,” said Capt. Randy Bookwalter, the commander of HHC, 524th CSSB. “They are all subject matter experts in their fields, and they want to be the best at what they do in the entire Army.” Pride is an important asset to have when preparing to compete in a Department of the Army-wide competition. Going against more than 20 other company supply sections in the SEA competition, Sgt. Zachary Sherman, the company supply noncommissioned officer for HHC, 524th CSSB, will have to bring his “A” game.

“Preparing for the Department of the Army level competition, I just want to make sure that all of the little things are perfect,” said Sherman. “It really comes down to proving that you want to win. Winning these competitions, for me, is all about showing exactly how much I love my job.” Around the same time frame as the SEA, Sgt. Jovan Davis, the HHC, 524th CSSB, motor pool sergeant, will be competing with his two Soldiers in the USARPAC competition of the AAME. Despite having only two Soldiers, Davis has been acknowledged as having one of

the best sections in the 25th ID. “Discipline is what I preach, as well as knowledge,” said Davis. “I encourage my Soldiers to ask questions, because they need to fully understand what they’re doing and why. If they don’t understand the ‘why’ then I have failed them.” Competitions of this size are difficult to stand out in, but with a supporting command and dedicated Soldiers it makes it that much easier. “At the end of the day, this success is not a reflection of me. It is a reflection of the hardworking Soldiers in my company,” said Bookwalter.

RHC-P continues partnership in subject matter expert exchange

Story and photo by
EMILY YEH
Regional Health Command-Pacific
Public Affairs

HONOLULU — Regional Health Command-Pacific, known as RHC-P, recently hosted a delegation of eight Chinese military medical personal at region headquarters in Honolulu. RHC-P leadership and the Chinese delegates met as part of continuing health care focused on subject matter expert exchanges in direct support of U.S. Army-Pacific and U.S. Pacific Command global health engagement efforts. Col. Scott Avery, chief of staff, RHC-P, welcomed the Chinese delegation, led by Commodore Sun Yeqin, Directorate of Medical Services, Logistics Support Department, Chinese Central Military Commission, and Maj. Gen. Yang Minghui, professor, People’s Liberation Army General Hospital. The visit by the Chinese delegation to RHC-P and Tripler Army Medical Center, RHC-P’s largest military treatment facility in Hawaii, builds upon and continues SME exchanges between the two nations through dialogue on medical acupuncture. RHC-P serves as the lead for Army Medicine in the Pacific, synchronizing health operations, actions and activities across the region. Activities such as SME exchanges break ground for new partnerships or reinforce ongoing partnerships through engagements, such as the one with the Chinese. “Developing our relationship through continued collaboration during multilateral events, such as subject matter expert exchanges, is a good foundation,” stated Lt. Col. Derek Licina, chief, Global Health Engagements, RHC-P. “The knowledge exchanged during these events not only contributes to our shared understanding, but provides further opportunity for us to increase our own capacity in support of regional stability and global health security.”



RHC-P leadership hosts a Chinese delegation in support of continuing health care focused SME exchange in direct support of USARPAC and USPACOM global health engagement efforts. Members of the Chinese delegation attended a briefing with RHC-P leadership to learn about RHC-P’s health capabilities, support of the beneficiary population and global health engagements.

Through the recent expert exchange on acupuncture with the Chinese, each nation increased its understanding of other unique approaches to health based on culture and science. The Chinese delegation gained a deeper understanding of how RHC-P’s military treatment facilities uses western and eastern medicine, while RHC-P gained insight into how traditional Chinese medicine can potentially assist with the management of patients with chronic pain, post-traumatic stress disorder and in response to disaster situations. TAMC hosted the Chinese delegation for a tour as part of the SME exchange. The Chinese received a unique opportunity to engage face-to-face with providers in the Pain Management Clinic. Providers demonstrated the capabilities of the Pain Management Clinic, including acupuncture, opening doors to potential

future collaborations in the medical arena. “Through these combined efforts, both nations contribute to regional security and stability by improving bilateral and multilateral relationships, enhancing health care and public health systems, and mitigating the destabilizing impact of infectious disease outbreaks and natural disasters,” stated Licina. SME exchanges, conferences and disaster-relief training with China are not new to the Pacific region and RHC-P. In the past, both nations have collaborated at events, conferences and disaster management exchanges. There are plans for future collaborations as well. The joint U.S. military and Chinese military medicine departments will co-host the 2018

Asia Pacific Military Health Exchange Conference. With China’s deeper understanding of RHC-P’s health capabilities, support of the beneficiary population and global health engagements, the Chinese are poised to increase engagement efforts with the support of USARPAC and USPACOM. *(To read about RHC-P’s past health engagements with China, see https://www.army.mil/article/168738/rhc_p_supports_pacom_strategic_objectives_during_expert_knowledge_exchange_in_china.)*

Multi-domain goes into action w/Pathways

SEAN KIMMONS
Army News Service

WASHINGTON — Overseas training is helping groom Army units in the Pacific theater for future missions that may require cross-domain tactics to defeat enemies, according to senior leaders.

One set of exercises, Pacific Pathways, has allowed Army units to broaden their training as they deploy across the region for bilateral and multilateral drills with foreign militaries, while working with their sister services.

“We’re moving toward joint integration where we get out of our service stovepipes and look at all of the domains ... to present multiple dilemmas to an adversary,” said Gen. Robert Brown, commander of U.S. Army-Pacific, while speaking at a panel discussion at the Association of the U.S. Army Annual Meeting and Exhibition, Oct. 5.

Things can get complicated, though, in a theater that covers over half the globe, with some of the world’s most populous countries and largest armies. There are also hostile adversaries like North Korea testing nuclear weapons, extremist groups spreading terror tactics, and China and Russia pushing their influence into the region.

To counter future threats, the Army recently introduced a multi-domain battle concept that aims to give Soldiers the ability to adapt and present several challenges to enemies from land, sea, air and cyber.

Brown said that a multi-domain task force is currently being planned to maneuver land assets that could impact other domains in the region.

“It’s clearly the way of the future,” he said. “It can be very difficult for an enemy to handle multiple domains, and at the same time, it presents multiple options to our commanders and our national command authorities.”

Army multi-domain operations would hinge on a united front with the other services and their Pacific allies, according to the general.

“It would deter anybody from being



Photo by Spc. Steven Hitchcock, 55th Combat Camera

U.S. Soldiers assigned to C Company, 1st Battalion, 27th Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th Infantry Division, move a casualty toward a designated casualty collection point with their Republic of Korea (ROK) Army Soldier counterparts during platoon live-fire training in March near the demilitarized zone in South Korea.

stupid enough to try something against us,” Brown said of the new concept. “They would be defeated because of our efforts and our joint integration that we can do that no one else can do.”

The concept would eventually require massive upgrades to U.S. military systems in order to share information to all partners involved.

“We didn’t grow up integrated the way we should be,” Brown said. “We have systems that can’t talk to each other within our own services, let alone between services themselves. It’s not an easy thing to accomplish.”

To help close gaps in today’s partnerships, Army leaders kicked off Pacific Pathways in 2014, a three-part training event where a brigade-level unit and its equipment travels by sea and air to three countries back-to-back to join in large-scale exercises.

Training a combat-ready unit in another country not only improves multinational interoperability, officials said, it also opens up the doors to other nations while showcasing the Army’s strength to



Photo by Sean Kimmons

Gen. Robert Brown, commander, USARPAC, talks about Pacific Pathways during a panel discussion at AUSA, Oct. 5.

potential foes.

“If you want to enhance access, and if you want to provide reassurance to our partners and allies, having that forward presence during an operation is extremely important,” said Lt. Gen. Stephen Lanza, commander of I Corps, during the discussion.

This year, three Pacific Pathway rota-

tions are being carried out. Joint Base Lewis-McChord in Washington, which Lanza also commands, had two Stryker brigade combat teams take part in rotations in five different countries this year.

In the three-month rotations, Lanza said Soldiers stretched their training by working with Marines, special operators and cyber experts, and they honed their skills on ballistic missile defense and aviation assets, including the RQ-11 Raven, a small hand-launched unmanned aerial vehicle.

“We probably get more Raven training on a Pathway than we get at home station,” he said, adding that there’s also training on other UAVs, such as the RQ-7 Shadow and MQ-1C Gray Eagle.

As the exercises continue to build up, he said, more countries have expressed interest in taking part in them.

“Pathways have been instrumental in doing that,” Lanza said of enhancing multinational relationships. “It’s brought other countries into the discussions of where they can embed.”

In upcoming Pathway exercises, Army leaders plan to expand the role of reserve-component forces to increase their readiness. In the past year, at least 70 Guard and Reserve units with about 4,200 Soldiers have been integrated into I Corps’ missions, Lanza said.

“That’s a significant number when you look at total force and you look at how many different elements and units are embedded in the operations of the exercises that we run with USARPAC,” he said.

The nature of Pacific Pathways, in which units deploy as if they’re heading to combat, also allows Soldiers to train in settings similar to those they may someday find themselves in, responding to conflicts, according to Brown.

“We do enjoy a higher level of readiness in the Pacific than across the rest of the Army, and we should,” Brown said of the region’s potential threats. “We have to be ready to fight tonight.”

Former captain works to empower women

Cultural and gender differences overcome

SEAN KIMMONS
Army News Service

FORT GEORGE G. MEADE, Md. — After watching her female Afghan colleague confidently address a male-dominated government meeting in Afghanistan, Marci Strathearn beamed with pride.

While not a rare sight in America, the woman’s briefing to the male officials, including the Afghan finance and budget director, was still a big win for the former U.S. Army captain and her efforts to promote women’s equality in the war-torn country.

“I think I was more nervous for her than she was. I definitely was perspiring, and my face was red,” recalled Strathearn, who volunteered to work overseas with the U.S. Defense Department’s Ministry of Defense Advisors program.

“It’s very rewarding,” she continued, “the feeling you get when you see the person that you’ve mentored for eight months finally making it to the table.”

Afghan women are often not allowed to sit at a table with men, let alone during a high-level meeting. They also face many other one-sided social norms in regards to attaining education, driving a vehicle, strict dress codes and more.

“It’s the right thing to do,” Strathearn, 41, of Dale, New York, said about gender equality in Afghanistan. “This mission is essential to keep going. We have a lot of work left to do here.”

Her ongoing commitment was recently recognized with a meritorious service award by National Image Inc., a nonprofit that advances civil rights for all.

Though deeply honored by the award, she still couldn’t travel to New Mexico to accept it in person at the ceremony. “It



Courtesy photos
Marci Strathearn, middle, poses for a photograph with her Afghan colleagues. Strathearn, a former Army captain, has been in Afghanistan for the past 18 months trying to improve women’s rights in the male-dominated country as an adviser for the U.S. Defense Department’s Ministry of Defense Advisors program. She recently won a national award for her ongoing commitment to gender equality.

would have been a long time away from the mission,” she said.

In the past 18 months, Strathearn has been teaching female government workers the basic budget and finance operations skills and professionalism they need to break through the glass ceiling. She is also doing coordination for a new oversight board that will look into a more inclusive way to promote Afghan general officers.

“We’re trying to stabilize and build a promotion (system) based on merit,” she said.

With her help, the woman who briefed the senior leaders has since earned a service award of her own, along with a promotion.

“It’s a humbling experience watching these women persevere,” Strathearn said. “When I finally do return to the States, I’ll

be more appreciative for my freedoms.”

Other projects that Strathearn has worked on have sought to empower young girls. It’s all part of fighting for the “small wins,” she said, that can usher in new changes.

In one project, Strathearn and others taught Afghan Girl Scouts how to ride bikes – an activity normally reserved for boys. At first, she said, it was challenging for the girls, who wore scarves and skirts with pants underneath, but they still had fun.

“They were elated,” she said. “They were free, smiling and laughing.”

Strathearn, who holds a master’s degree in business administration, has herself not been immune to the struggles women face in Afghanistan. Many times, she said, it can take several months to develop a productive relationship with a



Marci Strathearn, left, teaches an Afghan Girl Scout how to ride a bike during an outreach event to empower young women.

male counterpart.

“It’s not a naturally trusting environment,” she said. “My experience and advice may not be warranted all the time, but once the relationship is built, it’s definitely needed and solicited.”

Adapting to tough situations is a skill that she has refined during her 14 years with the Army.

“When I was an Army officer, it taught me about conflict issues and how to deal with them,” she said. “It taught me how to be resilient, to be flexible, to lead when I need to be a leader, and to stand up for what’s right.”

NEWS-BRIEFS

Send announcements for Soldiers and civilian employees to news@hawaiiarmyweekly.com

Today

Bugle Call — Fort Shafter and Fort Shafter Flats will test the Bugle Call System from 9-10 a.m. through Oct. 24. Multiple tests are required to ensure all speakers are operational.

Cybersecurity — October is Army Cybersecurity Awareness Month, which is an annual campaign to increase awareness of cybersecurity practices that help improve the overall Army security posture. Learn more about what’s being done at https://www.army.mil/standto/archive_2016-10-04/?s_cid=standto.

City Survey — A local company is completing a comprehensive analysis of the community impacts resulting from the Army’s reduction of troops at Schofield Barracks and Fort Shafter on behalf of the Mayor’s Office of Economic Development at the City and County of Honolulu.

The company requests you complete a brief survey, here: <http://tinyurl.com/hbdk9qr>. Watch this video for more information: <https://www.youtube.com/watch?v=T-jomEjLf0lf>.

VERA/VSIP — Civilian garrison employees considering Voluntary Early Retirement Authority and Voluntary Separation Incentive Pay should take a survey by Nov. 1 to determine their interest. Call 656-1680 for details.

Public’s Help — The Coast Guard seeks the public’s help identifying the owner of a 16-foot, yellow skiff found approximately 9 miles southeast of Hana, Maui, Monday. There have been no reports of missing persons in the area. The Coast Guard has suspended its active search pending any new developments. Anyone with knowledge of such a vessel, who may be able to identify it, is asked to contact Coast Guard Sector Honolulu at (808) 842-2600.

Flu Season — The Flu-Mist will not be available at DoD facilities or covered by TRICARE during the 2016-17 flu season. The Centers for Disease Control and Prevention recommended against using FluMist this year, due to several studies showing it is not effective in preventing flu among certain age groups.

This season, the DoD’s entire supply of flu vaccine will be injectable. It is recommended for everyone, ages 6 months and older.

Combined Federal Campaign

— The Hawaii-Pacific Area Combined Federal Campaign encourages you to donate to the CFC. Pledges made by service members and other federal employees during the campaign season (through Dec. 15) support eligible nonprofit organizations that provide health and human service benefits throughout the world. Visit www.cfc-hawaii.org.

ESD Survey — The Education Services Division is conducting an educational needs assessment survey to determine if its programs and services are meeting the needs of its customers at the Schofield Barracks and Fort Shafter/Tripler Education Complex.

The survey can be completed in approximately 15 minutes at <https://sslcac.hqda.pentagon.mil/Checkbox/Survey.aspx?s=38886bb44edb49af9e497c635997101f>. This survey is a CAC-enabled document.

22 / Saturday

Stuttering — Today is International Stuttering Awareness Day, which impacts about 70 million people worldwide – more than the population of France! Review information provided by the Stuttering Foundation on treatment. Visit www.StutteringHelp.org.

25 / Tuesday

Uncasing Ceremony — Maj. Gen. James E. Simpson, commander, Army Contracting Command, invites you to attend an uncasing and re-stationing ceremony for the 921st

Contracting Battalion, 9 a.m., at the Multiple Deployment Facility, 150 Denny Road, Bldg. 1052, Wheeler Army Airfield. Call 656-1064/1026.

27 / Thursday

Evacuation Drill — Schofield’s Daniel K. Inouye Elementary School (formerly Hale Kula) will be conducting its annual evacuation drill from 8:30-10:30 a.m. Motorists should stay alert, watch for children and pedestrians, be prepared to stop, and use caution travelling through the area.

TARP — Threat Awareness and Reporting Program briefings are held at 9 a.m.:

- 2nd and 4th Thursdays, Kyser Auditorium, Tripler.
- 1st Thursday, Bldg. 1554, Fort Shafter Flats.
- 3rd Thursday, Sgt. Smith Theater, Schofield Barracks.

31 / Monday

Halloween — Trick-or-treat (and trunk-or-treat) hours are 5:30-9 p.m.

November

2 / Wednesday

CIE — Soldiers, civilians and families are invited to the Community Information Exchange at 9-10:30 a.m., at the Nehelani, Schofield Barracks.

19 / Saturday

“Beyond Boots” — Women veterans are encouraged to attend this Hawaii Women Veterans Conference from 8 a.m. to 4 p.m., Saturday, Nov. 19, at the 29th Infantry Brigade Combat Team Readiness Center, which is Bldg. 29 in Kalaeloa.

TRAFFIC REPORT

Advisories from Army and Hawaii Department of Transportation (HDOT) sources. Provides construction and outage information.

24 / Monday

Power Outage — There will be a power outage at the Fort Shafter Community Center and pool, today, and Oct. 25, 8 a.m.-2:30 p.m., for nearby construction work on 7th Street.

29 / Saturday

Schofield Outage #2 — The west side of Schofield Barracks will be without power, 7 a.m.-5 p.m., for upgrades to the electrical substation. Please note, this time frame is a best guest estimate.

The Directorate of Public Works is mindful of the impact of outages on residents and food supplies. Residents should turn off electrical items to prevent a power surge.

If an outage goes beyond the prescribed time by one hour, call your community center for updates.

Ongoing

Kolekole — Partial lane closures at Kolekole Avenue from Cadet Sheri-

dan to Humphreys roads, from 8:30 a.m.-4:30 p.m., through Oct. 31, in order to repave the road.

Aliamanu Military Reservation Lane Closure — Partial lane closures for soil sampling along the westbound lane of Aliamanu Drive, 8:30 a.m.-3:30 p.m., until Nov. 2. Traffic will be contraflowed into the eastbound lane. Additional phases occur consecutively; no more than one lane closure at any time.

Airdrome Road — David Boland, Inc. and Keeno Farms continue one-lane road closures along Airdrome Road from the sewage treatment plant to the flight simulator for the installation of a new sanitary sewer lines, until Dec. 31, from 8 a.m.-3:30 p.m., weekdays.

Schofield Road Closure — A road closure, 8:15 a.m.-2:30 p.m., at Waianae Ave (South Corridor) between Generals Loop and Jecelin Street to resurface road and landscape work related to the Quad B barracks renovation.

Waianae (North) between Generals Loop and Jecelin Street will be designated for two-way traffic during this closure. Phases should conclude Dec. 9.

‘Broncos’ recognize mobility professional

Story and photo by
STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — Warrant Officer 1 Miguel Flores, a mobility officer assigned to Headquarters and Headquarters Company, 3rd Brigade Combat Team, “Broncos,” 25th Infantry Division, is one of 56.6 million Hispanics that are part of the American family.

According to the U.S. Census, Hispanics make up more than about 17.6 percent of the U.S. population.

“My father is from El Salvador and my mother is of Mexican and Puerto Rican descent,” Flores said, a native of Chicago, Ill.

Ever since President Ronald Reagan signed Hispanic Heritage Month into law, covering a 30-day period, starting on Sept. 15 to Oct. 15, the U.S. Army has kept true to the observation since 1988.

The reason for the observation beginning Sept. 15 is because this was a momentous time period when the nations of El Salvador, Nicaragua, Honduras, Costa



Warrant Officer 1 Miguel Flores, a mobility officer assigned to HHC, 3rd BCT, “Broncos,” 25th ID, is one of 56.6 million Hispanics in the American family.

Rica and Guatemala achieved their independence. Not to be forgotten, Mexico celebrates its independence on Sept. 16, while Chile celebrates its own on Sept. 18.

Flores said he has worked a number

of jobs that weren’t really satisfying and didn’t see himself finishing until a civilian retirement.

“I wanted to do something rewarding,” Flores said. “I always wanted to serve my country, and so I joined the Army.”

Flores began his Army career 12 years ago as a transportation management coordinator while an enlisted service member. A year and half ago, Flores joined the warrant officer corps as a mobility officer to further his career and the Army.

“My job is to move the brigade strategically all around the world,” he said.

Flores has recognized that his unique upbringing has a lot to do with his character.

“My mother raised us with a lot of morals and great values,” he said. “They are kind of aligned with the Army values. This has helped me become successful in the military, or in the Army specifically.”

He went on to explain that his maternal grandfather immigrated to Chicago from Puerto Rico, while his maternal grandmother was of Mexican descent from Texas, also later moving to Chicago.


“I would have to say my mother influenced me the most,” he said, “seeing her sacrifice so much for her kids, her family. To always get us what we needed and sometimes what we wanted, that gave me motivation to do the same and more, so she’s my biggest influence.”

He explained being a Hispanic in the Army. He aims to be an inspirational image to not only Hispanics, but to all Americans and immigrants aspiring for something better.

“I think I can be looked upon as a positive influence,” he said. “Someone can look at me and say ‘look at where he started and look where he is now.’ I represent my Hispanic heritage well, especially being in the Army.”

More Online

To learn more about the culture, art, music and history of Hispanic Heritage year-round, visit <http://hispanicheritagemonth.gov>.



Hispanic-Americans among Medal of Honor recipients

COMPILED BY ELIZABETH M. COLLINS
Army News Service

WASHINGTON — Hispanic men and women have bravely and eagerly served the United States since the early, desperate days of the Revolution, when it seemed like the Continental Army was fighting a losing battle against the might of Britain.

They continued what for many was a personal fight for freedom in the Mexican-American and Spanish-American wars, and like other Americans, were bitterly divided during the Civil War.

Some 4,000 went “over there” to Europe during World War I, and Hispanic-Americans served in every theater during the Second World War, and participated in some of the most brutal fighting during Korea and Vietnam.

Historically, discrimination, racism and language barriers have meant that many Hispanics were relegated to menial jobs or served in segregated units.

A number of Mexican-American cavalry militias chased bandits and guarded



National Guard Heritage Series painting by Domenic D'Andrea, courtesy of the U.S. Army Center of Military History

trains and border crossings for the Union during the Civil War, for example. Later, the 65th Infantry Regiment, the “Borinqueneers,” from Puerto Rico, served

valiantly in both World War II and Korea. Congress recognized the unit with a Congressional Gold Medal in 2016.

One of their number, retired Master

Left — Soldiers from the 65th Infantry Regiment, the “Borinqueneers,” charge enemy positions with bayonets fixed to their rifles – the last-recorded battalion-sized bayonet charge – during an attack on the Chinese 149th Division, Feb. 2, 1951, just south of Seoul during the Korean War.

Sgt. Juan Negron, posthumously received the unit’s first Medal of Honor in 2014 for his service in Korea. The award came after a Congressionally mandated review of Jewish- and Hispanic-American war records from World War II, Korea and Vietnam, which resulted in Medals of Honor for 24 veterans whose remarkable heroism had been overlooked, often due to prejudice.

Of course, Hispanic Americans have been risking their lives above and beyond the call of duty since the medal’s inception during the Civil War.

(Editor’s note: See the full story at https://www.army.mil/article/176781/hispanic_american_medal_of_honor_recipients.)



Photo by Tech Sgt. Michael Holzworth, Defense Media Activity - Forward Center Hawaii

Photo by Kristen Wong, Oahu Publications

First opened in 1959, the former Hale Kula Elementary School was recently renamed Daniel K. Inouye Elementary School during an official ceremony, Monday.

DKI school naming, renovation commemorated

Late senator a legendary military, Hawaii

CHRISTINE CABALO
Staff Writer

SCHOFIELD BARRACKS — Officials and guests decided to “go for broke” in celebrating the renaming and renovation of Daniel K. Inouye Elementary School, Monday.

The school, previously named Hale Kula Elementary, started the current school year under the new name in honor of the late senator and World War II veteran.

Staff and students also commemorated the completion of \$33.2 million worth of construction projects for the school.

Several Army leaders thanked the school’s staff for their dedication, including Maj. Gen. Christopher Cavoli, senior commander, U.S. Hawaii Army.

“Thank you for making this school a living legacy of growing our next generation of citizens and leaders,” he said. “Today’s ceremony marks not only the school’s renaming, but a recognition of the investment our community has put into our children’s futures for years to come.”

The school opened in 1959 and was identified as one of the top 10 schools that were prioritized for needing renovations from a Department of Defense facilities assessment in 2011. The upgrades included a new classroom building, a student support center, an indoor play court and library/media center.



Photo by Christine Cabalo, Oahu Publications

Officials stand as Kahu Kaleo Patterson offers a blessing to the new library and media center at the Daniel K. Inouye Elementary School, Monday.

“We didn’t have a covered play court before, and we now have another option for our physical education classes, as well as a place where the whole school can gather for school-wide activities or assemblies,” said Jan Iwase, principal of the elementary school.

The principal said the new library is also much bigger. The new area also includes a dedicated place for students and teachers to collaborate.

Iwase said the additional space allows the school to host a Markerspace, which features both high and low tech tools to

encourage students in problem solving.

Parents and students have been able to track the progress of construction at the school through a blog that Iwase has been updating since construction started in 2013.

Federal and state funding

The construction projects were supported using federal and state funds. The Hawaii Department of Education was able to fund 20 percent of the total costs, qualifying the school for \$26.5 million worth of federal funding.

Jennifer Sabas, director of the Daniel K. Inouye Institute, said the late senator was also instrumental in getting the congressional budget to approve portions of federal DoD funds into military-impacted schools.

A total of 99 percent of the school’s students are children of service members, and student enrollment was approximately 920 students in 2015, according to the school’s website.

While serving in the Senate, Inouye encouraged military and civilian partnerships for improving the quality of education. In 1998, he was one of the founders of the Joint Venture Education Forum, which helps direct funds and resources from the DoD to the HI DoE.

Soldier Inouye legacy

Inouye served under the 442nd Regimental Combat Team, which was composed of exclusively Japanese-American Soldiers during World War II. It’s now a reserve unit headquartered at Fort Shafter.

The unit’s famous motto is “Go For Broke” or to risk everything in an all-out effort. It was originally part of Schofield Barracks.

Among the civilian guests at the ceremony were Sabas, who represented the institute; U.S. Senator Mazie Hirono; Kathryn Matayoshi, superintendent for the HI DOE; and Ken Inouye, son of the late senator.

The institute presented a gift in celebration of the renaming.

“Our gift to the school is a display cabinet sharing the historical information about Sen. Inouye,” said Sabas. “Inside the cabinet, you can see video, a host of memorabilia and the senator’s Purple Heart. This lets children and all of the school visitors see a little history about him, his connection to them and how he began his military career right at Schofield Barracks.”

Sabas and Iwase said the late senator was a passionate advocate for education.

“I had the opportunity to meet the senator on different occasions, and he was definitely someone who made an impression on those who met him,” Iwase said. “We are honored to have our school named after someone who had such a positive impact on our state and our nation. We will ensure that the legacy of Daniel K. Inouye is shared with our students now and in the future.”



Photo by Christine Cabalo, Oahu Publications

Maj. Gen. Christopher Cavoli, senior commander, U.S. Army Hawaii, recognizes the hard work of school staff before the commemoration blessing, Monday.



Photo by Kristen Wong, Oahu Publications

The school not only has a new name, but received \$33.2 million worth of renovations. The school’s new namesake, Sen. Daniel K. Inouye, was a World War II veteran and a Medal of Honor recipient.



Briefs

21 / Friday

Buck-a-Burger Night — Buy a burger for \$1 at FS Mulligan’s from 3:30-8 p.m. Call 438-1974.

Witches, Vampires, and Ghouls — Attend this Halloween make-up workshop at the SB Arts & Crafts Center from 4-6:30 p.m. for \$25. Participants will learn how to create prosthetics with liquid latex, fake blood and specialty costume make-up. Price includes supplies. To register, call 655-4202.

Table Top Gaming — Play a variety of games from 1-4 p.m. at SB Sgt. Yano Library. Light refreshments will be offered. Must be 18 years and older to participate. Call 655-8002.

Magic the Gathering — Bring your cards, friends and join SB Tropics every Friday night at 6 p.m. Call 655-5698.

22 / Saturday

Adventure Kayaking 101 — Learn to kayak for \$59 with Outdoor Recreation from 8:30-11:30 a.m. as we cruise the various beaches around Oahu. Event is great for the whole family and usually has many opportunities for turtle spotting. Transportation (up to 12 people), equipment and instruction provided. Bring water, snacks and sunscreen. To sign-up, call 655-0143.

Bull Ride — Take a ride every Saturday in October at 8 p.m. at the SB Tropics Recreation Center. Call 655-5698.

Dungeons & Dragons Meet-up — An open-ended role-playing game every Saturday at 6 p.m. at SB Tropics. Call 655-5698.

23 / Sunday

NFL Sunday Ticket at Tropics — Every Sunday at SB Tropics, Bldg. 589, Foote Avenue. Watch your favorite teams go head to head. Doors open 30 minutes before the first game. Be sure to check out the Sunday breakfast menu. Call 655-5698.

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

21 / Friday

Federal Survey Card — Attention, parents! Help generate funds for Hawaii’s public schools. Federal survey cards were sent home with students Sept. 7. Please fill them out and return them. They help generate \$40 to \$50 million in Impact Aid funds benefitting all public school students statewide. For more info, contact the garrison’s School Liaison Office at (808) 655-8326.

Blue Note Hawaii — Hawaii’s jazz club features Big Bad Voodoo Daddy, through Oct. 23, at the Outrigger Waikiki Beach Resort. Visit www.bluenotehawaii.com.

22 / Saturday

Garth Brooks Concert Tickets — Garth Brooks and special guest Trisha Yearwood, in support of the 75th Commemoration of the Attack on Pearl Harbor, will perform two shows Dec. 10 at the NBC Arena. Tickets go on sale Oct. 22 at 10 a.m.

8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation

SATURDAY AT HICKAM




Photo courtesy of Pacific Air Forces

JOINT BASE PEARL HARBOR-HICKAM — An A-list lineup assembles for the free military tribute show “Rock the Troops,” 5:30 p.m., Oct. 22, at the Hickam flight line.

Hosted and co-produced by Hollywood’s Dwayne Johnson (above), the show will feature all-star comedy, including Kevin Hart, Jack Black, Terry Crews and retired Marine Rob Riggle, with music from Lynyrd Skynyrd, Nick Jonas, Flo Rida and Tena-cious D. The show will air on Spike TV in December. Visit www.greatlifehawaii.com.

Sunday Brunch — Enjoy Sunday Brunch Buffet at the FS Hale Ikena, Bldg. 711, Morton Drive, from 10 a.m.-1 p.m. for \$24.95/person. Reservations encouraged. Call 438-1974.

24 / Monday

Make your Own Sundae Monday — The dessert station at the FS Hale Ikena’s Grand Buffet will offer you the chance to build your own ice cream sundae, so make room for dessert at the same grand price of \$14.95 for the Grand Buffet. Call 438-1974.

Mongolian BBQ — Choose your own vegetables and meats for a delicious stir-fry. Get barbecue on Mondays at SB KoleKole Bar & Grill, 1249 KoleKole Ave., from 5-8 p.m. Call 655-4466.

Pau Hana Social — SB Kolekole Bar & Grill offers end of workday food and drink specials, 5-7 p.m., Mondays, Tuesdays, Wednesdays and Fridays; plus 4-6 p.m., Thursdays.

25 / Tuesday

Resiliency through Art — This program focuses on self-expression through art in a small group setting at the SB Arts & Crafts Center every Tuesday from 9:30-11:30 a.m. Call 655-4202, as registration is required.

Chess at SB Tropics — Play chess every Tuesday at 11 a.m. and take part in one-on-one and

team challenges. Interested in forming at team? Call 655-5698.

Taco Tuesday Night — Every Tuesday come to the SB Kolekole Bar & Grill for Taco Tuesday Night. Enjoy three tacos, rice and beans for only \$4.99/person from 5-8 p.m. Call 655-4466.

26 / Wednesday

Preschool Story Time — Attend every Wednesday for stories, songs, dancing and a craft at 10 a.m. at SB Sgt. Yano Library. Call 655-8002.

Dominoes — Attend SB Tropics every Wednesday in October for a Halloween dominoes tournament at 11 a.m. Call 655-5698.

FS Costume Parade and Contest — Open to children and adults starting at 3:30 p.m. at FS Library. Everyone in costume will have a chance to win in each category: scariest, most creative and cutest. Call 438-9521.

Teen Manga Club — Whether you’re a manga/anime expert or just getting into it, all teens are welcome to join our club, 3:30 p.m. We’ll be discussing popular manga titles, anime titles and pushing our creativity with various activities. This month’s theme will be “Accessories for Cosplay,” at SB Sgt. Yano Library, 1565 Kolekole Ave., Bldg. 560. Call 655-8002.

study from 6:15-7:30 p.m. Child care is provided. Call AMR Chapel at 839-4319. Schofield Family Night is held Wednesdays at 5:30 p.m.

26 / Wednesday

Celtic Pipes and Drums of Hawaii — Classes are now being offered for beginning student pipers and drummers starting Oct. 26. Learn Celtic music and culture. All are welcome. No experience or musical background is required. Visit www.celticpipeshawaii.org or celticpipesanddrums@gmail.com to apply.

29 / Saturday

Hawaii vs. New Mexico College Football — The Warriors hit the Aloha Stadium field with a 6 p.m. kickoff in a 2016 Mountain West Conference contest. Tickets available at the stadium and at www.hawaiiathletics.com/.

Kuhio Beach Hula Show — This free show, sponsored by the City and County of Honolulu, showcases culturally significant hula. Shows run 6-7 p.m., Tuesdays, Thursdays and Saturdays at the Kuhio Beach Hula Mound near the Duke Kahanamoku statue, weather permitting. Cameras are welcome and seating is available on the grass, beach chairs and mats. Call 843-8002.

ASYMCA: Armed Services YMCA
BCT: Brigade Combat Team
BSB: Brigade Support Battalion Co.: Company
CYSS: Child, Youth and School Services
EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare

and Recreation
FRG: Family Readiness Group
FS: Fort Shafter
HMR: Helemano Military Reservation
IPC: Island Palm Communities
PFC: Physical Fitness Center
SB: Schofield Barracks
SKIES: Schools of Knowledge,

Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
USARPAC: U.S. Army-Pacific
WAAF: Wheeler Army Airfield

Keiki Night — Every Wednesday is Keiki Night at the SB Kolekole Bar & Grill. Kids under 10 eat for only \$2.99 from the kids menu from 5-8 p.m. Call 655-4466.

27 / Thursday

Mom & Tots — Attend at the SB Arts & Crafts Center, Bldg. 572, 919 Humphreys Road. For a mom/parent/guardian to enjoy mixed media crafting at \$5 from 10-11 a.m. Call 655-4202.

Clay Hand Building — Attend at the SB Arts & Crafts Center from 1-3 p.m. The first session is \$25; additional sessions are \$5. Call 655-4202.

Wing Night at Mulligan’s — Every Thursday night on FS from 3:30-8 p.m., get 10 wings for \$3, 20 wings for \$5. Call 438-1974.

Texas Hold’em Poker — Sign up Thursdays at SB Tropics by 6 p.m. for a night of cards, drinks and food. Cost is \$10. Win Exchange gift cards of \$75 for first place, \$50 for second place and \$25 for third place. Newly renovated Tropics is located at Foote Avenue, Bldg. 589. Call 655-5698.

9-Ball Pool Tournament at Tropics

Join us every Thursday at 6 p.m. for a 9-ball single elimination and sudden death tournament at SB Tropics. Call 655-5698.

Book Talk — See if you can convince others to read your favorite reads or be convinced by others to read something new, 6-7:30 p.m. at SB Tropics. Snacks will be provided. Bring a friend. This is a free event.

A \$15 Walmart gift card will be given away each month. If you don’t have a book, you’ll be able to pick out one from a selection provided by Sgt. Yano Library. Must be 18 years or older to participate at the Tropics. Call 655-5698.

28 / Friday

Using LinkedIn & Social Media — Build your network by utilizing social media and develop your LinkedIn profile at SB ACS from 10-11 a.m. to net a job.

Paint and Sip — Grab a glass, an apron and a seat in the SB Tropics Ono Room, Bldg. 589, Foote Avenue, at 7 p.m. A local artist will instruct you through an original piece of art. All materials are supplied. All skill levels welcome. Includes two hours of instruction for \$35/person, which is non-refundable. To register, call 655-4202.

31 / Monday

Halloween — On-post trick or treating will be from 5:30 to 9 p.m. on Monday, Oct. 31.

November

5 / Saturday

Taste of Waipahu — Waipahu Community Association hosts its 11th annual free event, 4-10 p.m., at August Ahrens Elementary School, Tucker Field. A wide variety of food vendors, crafts, keiki rides and games available. Visit www.wcawaipahu.org.

11 / Friday

Veteran’s Day Sunset Ceremony — Battleship Missouri Memorial honors Filipino veterans of World War II with a 4:30 p.m. ceremony on the fan-tail. Free and open to the public. Keynote speaker is U.S. Sen. Mazie Hirono. Complimentary round-trip shuttle service will be offered from the Pearl Harbor Visitor Center. Visit USSMissouri.org.

12 / Saturday

Moonlight Paddling — Turtle Bay Resort has launched a new Full Moon Paddle, which are guided tours of Kawela Bay via an outrigger canoe or stand-

See COMMUNITY B-4

worship Services

Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers’ Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Last Wednesday, 6 p.m. at MPC

Catholic Mass

- Monday, Tuesday, Thursday and Friday, 11:45 a.m. at Soldiers’ Chapel
- Tuesday, 7 p.m. at AMR
- Wednesday 11:45 and 5 p.m. at MPC
- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at WAAF
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR
- Jewish Shabbat (Sabbath)
 - Friday, 7:30 p.m. at PH (Call 473-3971)

Protestant Worship

- Sunday Services
 - 9 a.m. at MPC
 - 9 a.m. at FD
 - 10 a.m. at HMR and WAAF
 - 10:30 a.m. at AMR
 - 11 a.m. at WAAF (Contemporary)

Liturgical (Lutheran/Anglican)

- Sunday, 9:27 a.m. at SC



The Wild Life (PG)

Fri., Oct. 21, 7 p.m.



Snowden (R)

Sat., Oct. 22, 7 p.m.

Storks (PG)

Sun., Oct. 23, 5 p.m.

(Closed Monday through Thursday.)

Chaplain finds growth through prism of a volcano

CHAPLAIN (MAJ.) MARSHALL COEN
Integrated Religious Support Team

SCHOFIELD BARRACKS — Last week, my family and I went to the Big Island to enjoy everything that Hawaii has to offer. We saw some pretty amazing things. We explored the Hilo and Kona sides of the island. We drove past the Pohakuloa Training Area, or PTA – quickly I might add – and looked in awe and wonder at the beauty that is represented on that island.

What I found so amazing was this beauty began thousands of years ago with an eruption deep within the Pacific Ocean and continues to this day.

This volcanic eruption, over time, slowly rose from the depths of the ocean and formed land. Once land formed, life rooted itself within a difficult terrain and found a way to not only survive but to thrive.

The island is lush with vegetation. There are beautiful waterfalls and some breathtaking views.

As we enjoyed the island, I found myself on many occasions forgetting that this island is still active. The truly amazing thing is, the Big Island is only getting bigger and it is changing every day.



Coen

Growth through difficulty

Many times as a chaplain, I have listened to the stories of couples that struggle to make their relationships work. I see the pain and frustration in their eyes and hear their words of disappointment and anger.

Marriage can be difficult. Marriage can be frustrating. But marriage can also be beautiful, joyful, harmonious and thriving.

Marriage takes time. It takes time to grow and become stronger.

This past week, I was reminded that growth has its painful moments. Those painful moments are different for every couple. But for some, those moments are like volcanoes.

Relational volcanoes forget the beauty of marital bliss and simply lay waste to whatever is in the way. Some marriages, sadly, never fully recover, and yet others find a way to not only survive but to thrive.

Those couples who thrive understand that, although life may influence relation-



ships, love ultimately determines the direction and reason for making marriage work.

The Big Island, like many relationships, shows the scars of eruptions. These scars run deep and for miles; yet, despite the destruction of eruption, life like love finds

a way.

As my family and I walked through a dried up lava field and through a lava tunnel, we were humbled by the power of an eruption. So, the next time you find yourself frustrated and ready to erupt, just remember once an eruption starts, it takes time to end and even longer to heal.

(Editor's note: Coen works in Plans and Operations, 25th Infantry Division/U.S. Army Garrison-Hawaii.)

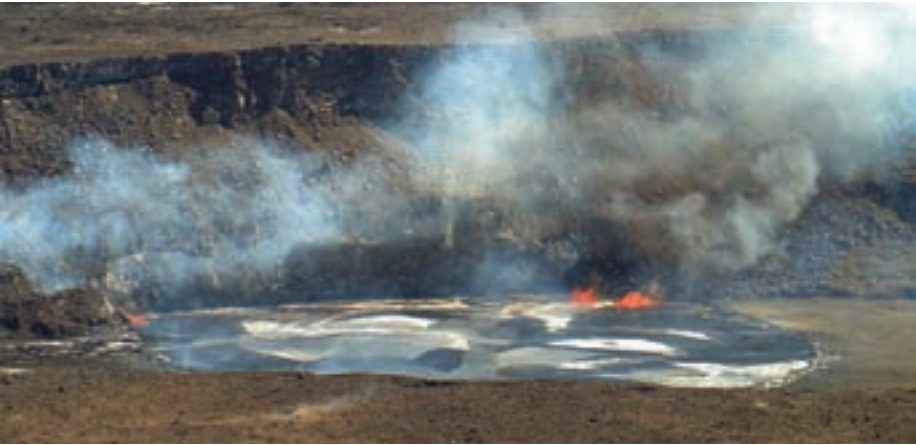


Photo courtesy of Hawaiian Volcano Observatory, U.S. Geological Survey

VOLCANOES NATIONAL PARK, Hawaii — Shown is a brief overflow of Kilauea's summit lava lake on Oct. 15.

ZOMBIE RUN 2016



SCHOFIELD BARRACKS — At left, Pfc. Rigoberto Munoz, medcal laboratory specialist with the Pathology Department at the Blood Donor Center at Tripler Army Medical Center, heads for the finish line during the 3rd Annual Zombie Run 5K, Saturday.

Right — Munoz receives the finishing touches on his zombie makeup before the run. Participants dressed up as zombie slayers or zombies, and had their makeup done by Schofield Barracks Arts & Crafts staff. The event was open to Department of Defense ID cardholders and sponsored guests ages 13 and older. Prizes were provided for first, second and third place females and males, as well as the top male and female zombie slayers.

Halloween Happenings

22 / Saturday

Aloun Farms Pumpkin Festival — Public pumpkin picking is held Saturday and Sunday, Oct. 22-23 and 29-30, at 91-1440 Farrington Hwy., Kapolei. Features tractor-pulling hayrides, pony rides, farm-style food, picture booth and games. Admission is \$3; free for ages 2 and younger. Call 677-9516 or visit alounfarms.com/pumpklinfestival.html.

Great Pumpkin Festival — East Honolulu's biggest pumpkin patch is where you can pick your own pumpkin and enjoy food booths, arts and crafts, 10 a.m.-4 p.m. Call 373-3232 or visit holynativetyschool.org.

Spook Life Park — Sea Life Park hosts trick-or-treating, Halloween-themed

shows, haunted theater, games and storytelling, 1:30-5:30 p.m. Special price of \$10.31. Call 259-2500 or visit sealifeparkhawaii.com.

Zombie Dash Hawaii — Turtle Bay Resorts hosts a 5K run, 4-8 p.m., along Kawela Bay with runners given three "lifelines" to protect themselves from the undead. Cost is \$45. Visit turtlebayresort.com/content/zombiedash.

Ghostly Trolley Tour — Noted storytellers tell spooky stories on the Waipahu Ghost Trolley Tour, 5-10 p.m. Tour begins and ends at the Waipahu Town Center. Minimum \$10 purchase from any store in the Waipahu Town Center on the day of the event for a free ride on the trolley. Reservations are recommended. Call the Waipahu Community Association at (808) 677-6939 or email wca.waipahu@hawaiiantel.net.

Haunted Forest: Walk of Terror — A 7-acre lot near Kalaeloa Airport becomes a scare zone, through Oct. 31. Hawaii Haunts is open 5-10 p.m., Sunday through Thursday, and until midnight



Friday and Saturday. No admission for the Ohana Scare Festival with rides, games, arts and crafts, and retail booths.

The Haunted Forest tour features actors in creepy costumes, special effects and scary sets. Begins at 7 p.m.; \$25 at the door. Buy tickets and reserve specific time slots at HawaiiHaunts.com or call 533-9016 for information.

26 / Wednesday

Fort Shafter Costume Parade and Contest — Open to children and adults starting at 3:30 p.m. at FS Library. Everyone in costume will have a chance to win in each category: Scariest, Most Creative and Cutest. Call 438-9521.

28 / Friday

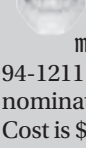
Trunk and Treat at Tropics — Trunk or Treat with MWR in the SB Tropics parking lot from 5-6:30 p.m. For all ages, call 655-5698.

Spook'acular Party — Join SB Tropics for an 18 and over Halloween party from 7:30-11:30 p.m. Activities include live DJ, tasty treats, dance and costume contest, and lip sync battle. Call 655-5698.

29 / Saturday

Hallowbaloo Music & Arts Festival — Street festival, 4:30-10 p.m., at the Hawaii State Art Museum and surrounding areas on Hotel and Richards streets; moves to Chinatown and Aloha Tower Marketplace area for a pub crawl from 9 p.m.-2 a.m. with free trolley service connecting each area from 8-11 p.m.

For ages 21 and over, only. Cost for street festival only, \$15, before 7 p.m.; \$30 after. Visit hallowbaloo.com.



Haunted Wonderland with Deadmau5 — Hawaii Country Club, 94-1211 Kunia Road hosts the Grammy-nominated electronic music producer. Cost is \$65. Tickets at Local Motion locations and flavorus.com.

31 / Monday (Halloween)

Schofield Barracks — On-post trick or treating hours are from 5:30-9 p.m.

SB Youth Dance — Fright Night Dance at the SB Youth Center, 6-9 p.m., for 6-12th grades students. Includes costume contest, haunted house, photo booth and pizza party. Call 655-0451.

Dissecting a Halloween tradition is ‘Oh, my gourd!’ moment

In the dusky light, I removed the longest, sharpest knife from the butcher block, its blade emitting an ominous tone as metal scraped against wood.

Shhwing! There, on plastic sheeting, lay my subject: plump, round and motionless.

Suddenly, a damp chill crept through the window sash, and a shiver ran up my spine, setting my heart and hands in motion!

Before I knew it, I had hacked off its top and was pulling handfuls of slimy innards from its open cavity. Heart pounding, my knife plunged again and again into flesh, where eyes, nose and mouth belonged.

I stood back to catch my breath, and I beheld its hideous glory.

"It is done!" I said.

This may sound like a scene from "Dexter," but actually, I'm describing a festive fall activity beloved by children for many years: Halloween pumpkin carving.

Everybody does it

Every red-blooded-American has made a jack-o'-lantern at some point in his or her life.

Back in the 1970s, my brother and I cut our pumpkins with serrated steak knives, completely unsupervised by our parents, who were busy smoking



Tartyton 100s and watching "Love Boat" in our avocado and gold living room.

Later, after my brother went out to toilet paper the neighborhood, my mom would roast the seeds in our oven, with a pinch of salt.

But pumpkin carving didn't start in the 1970s. The tradition of making jack-o'-lanterns to ward off evil spirits (thought to roam the earth on Halloween) actually began in 19th century Ireland, where Celtic-speaking people cut scary faces into hollowed-out turnips.

When the Irish immigrated to America, they found plentiful indigenous squash called "pumpkins" to carve their jack-o'-lanterns, the tradition that lives on today.

However, modern folks are no longer concerned about warding off evil spirits or perpetuating obscure Irish traditions. In today's world of instant gratification, overprotective parenting, passivity and germophobia, one must wonder why such a messy, labor-intensive, potentially dangerous ritual persists at all.

Obviously, the desire to carve pumpkins transcends the advances of modern life. But why?

Our family has carved pumpkins every year, at every duty station, both home and abroad.

- In Washington, D.C., our jack-o'-lantern sat on our apartment complex balcony overlooking the Hamburger Hamlet.
- In California, our carved pumpkin sunned itself on the patio of our brown and beige Fort Ord house.
- In the U.K., our jack-o'-lantern was stomped to bits by marauding English schoolboys in crested jackets.
- In Virginia, our pumpkins sat safely around our quiet suburban cul-de-sac.
- In Germany, we lugged our jack-o'-lanterns from our Patch Barracks stairwell apartment down to the shared patio, where dozens burned together on Halloween night.
- In Florida, our pumpkins succumbed quickly to fire ants and searing heat.
- In Rhode Island, our jack-o'-lanterns would've lasted forever in the New England chill, except that the squirrels decided they'd make a good pumpkin smorgasbord.

No matter where we have been stationed in the world, we have been determined to carve pumpkins at Halloween.

What are the psychological forces that drive us to arm ourselves with dangerous kitchen utensils, attack poor defenseless squashes and shamelessly display their gutted remains on porch steps and front stoops?

Perhaps humans crack under intense consumer industry pressure to buy Halloween decor, cheap imported novelties and mountains of miniaturized candies? Or, maybe all the pumpkin-flavored foods are getting to us, as we guzzle gallons of pumpkin lattes, slurp spoonfuls of pumpkin soup, scarf sleeves of Pumpkin Spice Oreos and gulp gobletfuls of pumpkin wine.

Or, could it be that the political divisiveness of the recent campaign season has us all wanting to rip the flesh out something?

We may never know why today's families see yearly pumpkin carving as the only exception to standard rules against carrying sharp objects, lighting matches and playing with food. But what we do know is, there's something ironically sweet and wholesome about carving pumpkins. Coming together as a family. Creating a work of whimsy. Standing back to watch it glow.

And, when it's all done, roasting the seeds like mom did, with a pinch of salt.

(Read more from Molinari at www.themeatandpotatoesoflife.com.)

TAMC nurses save 71-year-old marathon runner

MAJ. TODD R. EAVES
Tripler Army Medical Center

MAUI, Hawaii — Three Tripler Army Medical Center nurses traveled to Maui, recently, to run a race.

They left having helped save a life.

Sept. 18th, the three TAMC surgery nurses – 1st Lt. Kayla Dejardin, 1st Lt. Holly Prevou and 1st Lt. Kimberly Waechter, along with a friend, Laura Pector, doctor of osteopathic medicine, and Prevou’s mother, Sheila Prevou — traveled to Maui to participate in the Maui 45th Annual Marathon and Half-Marathon.

Finish line emergency

After completing the grueling 13.1-mile race, Dejardin witnessed a 71-year-old male, who was also competing in the race, collapse just 20 feet from the finish line. Without hesitation, Dejardin rushed to the scene and began evaluating the collapsed man.

“He had no pulse. He was breathing, but it was just deep, agonal breathing and no pulse,” said Dejardin.

Once she determined the man did not have a pulse, she initiated life-sustaining cardiopulmonary resuscitation,

and at one point, stood up to grab an automated external defibrillator machine that was brought to the scene.

When she turned back to the collapsed man, Prevou and Waechter had stepped in to continue chest compressions. During the next 20 minutes, all three officers continued caring for the gentleman until local emergency medical services could arrive on scene.

When asked about her quick response and being the first responder on the scene, Dejardin stated, “I didn’t even think twice about it, so I think it was definitely the military training.”

Laura Spector, a friend and local physician who was an eyewitness at the scene stated, “Their care and training was impeccable, and I have never been more impressed with a group of young nurses. They performed these duties without any equipment available to them. It was even more impressive that they had just run an exhausting race.”

Three days after returning home from Maui, the victim’s brother reached out to the nurses with a message of gratitude on behalf of his brother. He wanted to personally thank them and let them know he is alive and doing well.



Photo courtesy of Tripler Army Medical Center

From left to right, Kayla Dejardin, Holly Prevou, Laura Spector, Kimberly Waechter, pose for a photo after the 45th Annual Maui Marathon.

TRICARE expands mental health care, substance abuse treatments

TRICARE
News Release

TRICARE is pleased to be implementing significant improvements to its mental health and substance use disorder (SUD) benefits to provide beneficiaries greater access to the full range of available mental health and SUD treatments.

These changes will make Tricare’s mental health care and SUD treatment benefits on par with other public and commercial health care programs.

Dr. Patricia Moseley, senior policy analyst for military child and family behavioral health at Defense Health Agency in Falls Church, Va., said being able to provide better care at a better cost was an important driving force for the changes.

“Being able to meet the principles of mental health parity and the Affordable Care Act for beneficiaries is very significant,” said Moseley.

Underway

Beginning Oct. 3, non-active duty dependent beneficiaries will pay \$12 for outpatient visits relating to mental health and SUD benefits rather than the current rate of \$25 per mental health visit and \$17 per group outpatient visit.

Retirees, their family members and survivors will also pay \$12 per day for inpatient mental health care instead of the current \$40 per day rate. Active duty family members seeking inpatient mental health care will have their rates reduced from \$20 per day to \$18.20.

Although the new copayment rules are now underway, providers may not yet have the instructions on new copayments and may ask for the \$25 copay they have paid in the past. Beneficiaries are asked to pay that copay; they will be reimbursed as soon as the new business instructions on copays are in place. Beneficiaries may

need to save their receipts and file a claim later.

TRICARE already eliminated several restrictions relating to the length or number of visits allowed for mental health care and SUD treatment. The yearly limit of 30 days for adults and 45 days for children for inpatient psychiatric treatment and the 150-day limit for adolescent psychiatric residential treatment center care were removed in 2015.

The current 60-day limit for psychiatric partial hospitalization and the substance use disorder rehabilitation facility (SUDRF) partial hospitalization 60-day limit will be removed from policy in the coming months of 2017.

SUD treatment is also currently limited to TRICARE-authorized SUDRFs and hospitals only. This and other limitations, such as 18 face-to-face counseling sessions for those attempting to quit smoking, six hours of psychological test-

ing, two sessions per week for outpatient therapies, and the number of visits for family and outpatient therapies will also be removed in the near future.

New approach

“Now, everything will be determined based on medical and psychological necessity,” said Dr. John Davison, chief of the Condition-Based Specialty Care section of DHA’s Clinical Support Division.

For example, a person struggling with alcoholism has a limit of three outpatient treatments in his lifetime under TRICARE’s current benefits. However, substance use can be a lifelong struggle. The changes will allow people to seek help as many times as they need it.

“We want to be sure that if our retirees and their family members or active duty family members face these issues that we’re going to be equipped and capable to provide that care for them,” said Mose-

ley.

TRICARE will also expand its coverage to include treatment for opioid use, which can range from heroine to prescription drugs. This change will provide more treatment options, including outpatient counseling and intensive outpatient programs. Office visits may include medication-assisted treatment for this condition.

Once the changes are put into effect, the process for facilities to become TRICARE-authorized will become easier and faster as TRICARE seeks to make its regulations consistent with industry standards. These revisions will make mental health care and SUD treatment more community based, said Moseley.

“This move will help military members who relocate with their families multiple times during their careers and will help those retirees who may live in remote areas away from large cities where there’s greater access to care,” said Moseley.

Gender dysphoria – a condition in which a person experiences distress over the fact that their gender identity conflicts with their sex assigned at birth – will be the only exception to the timeline. Coverage for all nonsurgical treatment for this condition will be available in October. It will include psychotherapy, pharmacotherapy and hormone treatment.

Surgical care continues to be prohibited for all non-active duty dependents.



Courtesy photo

Podcasts
Visit TRICARE to hear this week’s podcasts:

- Well Woman Visits,
- Mental Health and Substance Use Disorder, and
- Health Literacy Month.

Visit www.tricare.mil/podcast.





community Calendar

CONTINUED FROM B-1

up paddleboard, Nov. 12 and Dec. 11. Price is \$80/person for stand-up and \$70/person for outrigger canoe. Call (808) 293-6020.

Ongoing

Mariah Carey in Concert — Ticket sales are underway for one of the best-selling female artists of all time, who will be returning to the NBC Arena, Nov. 23, 25 and 26 with her “Sweet Sweet Fantasy” tour.

Jewish Services — Weekly worship services are held at 7:30 p.m., Fridays, at Aloha Jewish Chapel, Joint Base Pearl Harbor-Hickam. No Saturday morning services or Monday Bible studies are offered at JBPBH.

Saturday services are available at the Ala Moana Hotel. Call 735-8161.

Service members interested in Jewish Bible study or keiki Hebrew School (Sunday School) may call 348-4560 or visit www.chabadofhawaii.com.

Installation Waste Disposal — For proper disposal in residential areas, contact your local community center. Do not place any cardboard, wood, bulky waste, hazardous materials or green waste in or around dumpsters. Visit www.islandpalmcommunities.com/CurrentResidents.

TRICARE prepares to expand preventive service coverage

New options designed to promote wellness

TRICARE
News Release

TRICARE has always had excellent coverage of important preventive services, and we are making it better.

TRICARE is adding new services and screenings to ensure our preventive services are aligned with recommendations of the United States Preventive Services Task Force (USPSTF), and the Health Resources and Services Administration’s (HRSA) guidelines.

Coming in 2017

Effective Jan.1, 2017, TRICARE will cover annual preventive office visits for all Prime beneficiaries 6 years of age and older. Children under 6 are already covered by existing well-child coverage.

This change will ensure children in developing stages receive observation, physical examination, screening, immunizations and various counseling services.

TRICARE Standard beneficiaries can receive preventive services with no cost-share or copayment through Health Promotion and Disease Prevention (HP&DP) examinations (i.e., in connection with a covered immunization or


cancer screening).

Additionally, the annual well-woman exam will continue to be covered for all Prime and Standard beneficiaries under age 65 with no cost-share or copayment. The new covered services include free genetic counseling by a TRICARE-authorized provider.

An authorized provider is any individual, institution/organization or supplier that is licensed by a state, accredited by a national organization or meets other standards of the medical community, and is certified to provide benefits under TRICARE.


There are two types of TRICARE-authorized providers: network and non-network. The regional contractors will be ready to process claims for the new preventive benefits on Nov. 14, the implementation date of this change. The implementation date is the date the contractor must be ready to communicate and process claims for this benefit.

TRICARE Online
You can find information on both medical claims and covered services on the TRICARE website at www.tricare.mil.



TAMC TIP

Mammograms




Breast cancer is one of the most common cancers among American women, and it’s also one of the leading causes of cancer deaths.

The best way to detect breast cancer is with a mammogram. Women should have mammograms every two years from age 50-74 years old.

If you are 40 to 49 years old, talk to your doctor about when to start and how often to get a mammogram. Also talk to your doctor if you have any symptoms or changes in your breast, or if breast cancer runs in your family.

For more information, contact your primary care manager at (808) 433-2778 to schedule an appointment.



File photo